

W&S 2026 CAT Conference Schedule at a Glance

Pre-Conference

In-Person in Rochester, NY: May 30 – 31 (Sat-Sun)

Main Conference

Virtual: June 5 – 7 (Fri-Sun)

In-Person in NYC: June 7 (Sun)

Juried Art Show

Virtual: May 30 – June 14

(call for art goes out 3/20)

Post Conference Day Retreat

In-Person in Dover Plains, NY: June 13

Art Therapy & Horses with Emery and Olivia

Preconference in Rochester, NY In-Person

PreConference - Rochester	
Saturday 5/30	Sunday 5/31
Rochester	Rochester
9	
9:30-12:30	9:30-12:30
10 Sharon (Full Day) Kinetic Family in Action	Emery Small Containers
11	
12	
12:30-2:00	12:30-2:00
1 Lunch	Lunch
2	
2:00-5:00	2:00-5:00
Sharon continued...	Emery Meditation and Nature
3	
4	
5	

Main Conference Virtual

Main Conference						
Friday 6/5 Virtual		Saturday 6/6 Virtual		Sunday 6/7 Virtual		
Room 1	Room 2	Room 1	Room 2	Room 1	Room 2	
9	9:00-12:00 Ed Quantum Imagery	9:00-12:00 Daniele Children's Books	9:00-1:00 Dorit Imaginative Poetics	9:00-11:00 Alexis Narrative Therapy	9:00-12:00 Shoshana Healing and Resilience	9:00-11:00 Jen Grief and Artx
10						
11				11:15-1:15 Sonja Artx and Dementia		11:15 - 12:05 Mellie/Stories
12						
1	1:00-3:00 Stefan/Stephan Digital Artx	1:00-3:00 Jess Neurodivergence			1:00-4:00 Jodi Accessing Hard Stuff	1:15-3:15 Lizzie LGBTQIA+ Youth
2			2:00-5:00 Neha/Jen/Orit Embodied Space	2:15-4:15 Molly Identity Integration		
3	3:15-6:15 Andrea Song in Tx and Activism	3:15-5:15 Mike Power of Intensity				
4		5:30-6:20 Jen/Grief				
5						
6						

Main Conference In-Person

Main Conference	
Sunday 6/7 In-Person	
Balance Arts Center	
9	9:15-12:15 Carla Soul Collage
10	9:30-12:30 Olivia/Veronica Being and Living
11	
12	
1	
2	1:45-4:45 Callie Letting the Body Lead
3	
4	
5	

Post Conference In-Person

Post Conference	
Saturday 6/13	
Horses and Art	
9	
10	9:30-4:30 Emery & Olivia
11	
12	
1	
2	
3	
4	
5	