

## W&S 2024 CAT Conference Presenter Biographies



Shoshana Averbach, LMSW, MA, MT-BC, LCAT, CDP, CCM, CECP, CBCP, CMIP

Shoshana earned her MSW from Yeshiva University and an MA degree in music therapy from New York University. She is a certified practitioner of the Emotion Code and The Body Code and uses energy healing and holistic approaches in her therapy. She has worked primarily with adults and geriatrics. Shoshana's goal is to connect people with their soul source, their inner knowing and light. Shoshana maintains a private practice in healing and counseling, teaches as an adjunct professor of psychology, and hosts an online show, Love, Light and Wisdom, and produced 2 CDs of original, healing music.



Rachel Brandoff, Ph.D., ATR-BC, ATCS, LCAT, LPAT

Dr. Rachel Brandoff is a Registered, Board-Certified Art Therapist (ATR-BC) and credentialed supervisor (ATCS). She is an Associate Professor and Coordinator of the Art Therapy Concentration in the Community and Trauma Counseling program at Thomas Jefferson University. Dr. Brandoff maintains a clinical practice specializing with individuals who are coping with trauma, and provides consultation to healthcare professionals. Dr. Brandoff has served on the boards of various professional organizations and is a regular presenter at regional and national conferences. Her first book, Quick and Creative Art Projects for Creative Therapists with (Very) Limited Budgets, was published in 2019.



Astra B. Czerny, Ph.D., NCC, BC-TMH, LCMHC-NC & LPC-PA

Dr. Astra B. Czerny is a licensed counselor (LCMHC-NC & LPC-PA) and a National Certified Counselor (NCC). She maintains a small private practice for clients and a supervision and consultation practice with clinicians. Dr. Czerny is an associate professor at Lenoir Rhyne University in Hickory, NC, where she is the clinical coordinator and the developer of the Trauma Certificate program. Dr. Czerny is an active presenter at both state and national conferences. Her areas of interest include healing from trauma and empowerment.



Dana Fair, LCAT, ATR, LMSW

Dana is a licensed art therapist and social worker who has been practicing for nearly fifteen years. Dana has a private practice in New York City and also works at New York Creative Arts Therapists, PLLC as a senior art therapist. Prior to that, Dana spent seven years working as a trauma therapist with children, families, and NYC case workers to prevent burnout and compassion fatigue. Dana is currently a student in somatic experiencing.



Jessica Fox MSED, MA, ATR-BC, LCAT

Jessica recently earned tenure as a public school special education art teacher in Harlem, NY. Teaching little kids daily has been her dream for a long time. She works with children with Autism and for some communicating is a challenge or may never happen verbally. It is wonderful teaching them art and seeing their happiness as they create and share their artwork. Last year some students exhibited their sculpture in the Museum of Modern Art. Jessica believes bringing her experience as an art therapist with her teaching has been a great marriage. Overall, this second career that has given her a new lease on life.

Jennifer Giuglianotti M.S., BC-DMT, LCAT



Jennifer Giuglianotti is the founder of Balanced Life Movement, a Creative Arts Therapy, PLLC, a group practice in NY. She is a Licensed Creative Arts Therapist, Board Certified Dance/Movement Therapist, & Somatic Therapist for Trauma. With over 15 years experience as a therapist, she blends art, dance, and nature in psychotherapy sessions; specializing in the treatment of anxiety, chronic stress, bipolar disorder, and trauma in both adults and kids. Her practice also provides Ketamine Assisted Psychotherapy virtually and in upstate, New York. Jennifer helps individuals chart the path to living a life of freedom, clarity, balance, and purpose.

Natalie Gmora-Nyman, MA, LCAT, RDT, CCTP



Licensed Creative Arts Therapist, Registered Drama Therapist, and Certified Clinical Trauma Professional, specializing in interpersonal and sexual trauma. She has worked in various not-for-profit agencies providing Trauma Focused Creative Arts Therapy for survivors of natural disasters, domestic violence, sexual assault, and childhood abuse; as well as for individuals with severe mental illness and dual diagnosis. Currently working as a school based clinician and also as a therapist in private practice. Natalie was part of the first cohort of the Kint Institutes Certificate program in treating trauma through Creative Arts Therapy, and has participated in extensive trauma training.

Makiko Harada (Young), MA, MPS, ATR, BC, LCAT



Makiko is a board certified and NY state licensed art therapist. She just became the first Asian president for New York Art Therapy Association. Previously, she was a faculty at the New School University. Her latest mission is connecting art therapy to social justice issues.

Shirin Mazdeyasna, LCAT, ATR-BC



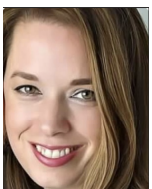
Shirin Mazdeyasna, MA, ATR-BC, LCAT is an Iranian artist, a board certified and registered Licensed Creative Arts Therapist. As a certified rape crisis counselor, she offers trauma therapy to survivors of crime and prolonged abuse in the Upper Hudson Valley, NY. Shirin received her MA in Art Therapy from New York University and has subsequently been trained in Trauma Focused Cognitive Behavioral Therapy, Dialectical Behavioral Therapy, and EMDR. Shirin is fluent to conduct treatment in English and Farsi.

Dorit Netzer, PhD, ATR-BC, LCAT



DORIT NETZER, PhD, ATR-BC, LCAT is an art therapist in private practice ([doritnetzer.com](http://doritnetzer.com)). She works in person and remotely with youth, adults, couples, and families. Her approach is trauma-informed, with a focus on healing as a spiritual, creative transformation. As a therapist, educator, and researcher, she incorporates creative expression and other imaginal modalities, such as play, poetic expression, mental imagery and dream work. Dorit has published numerous articles on the role of creative expression in healing, research, and transformative education. You may reach her at [drdoritnetzer@gmail.com](mailto:drdoritnetzer@gmail.com)

Dina Palma, LCAT, ATR-BC



Dina Palma, a professional with over two decades of experience in inpatient psychiatry and substance use disorders, recently transitioned to full-time private practice. Five years ago, she founded START: Creative Arts Therapy, a beacon of support that has aided the community while nurturing the professional and artistic ambitions of her cherished "Crew." Inspired by and nurturing fellow creative arts therapists as a supervisor and educator, Dina thrives in an environment where collaboration and growth are paramount. Now a Ph.D. candidate, she focuses on therapist and counselor well-being and experiences of Posttraumatic Growth, driven by the profound personal and professional growth experienced alongside her dedicated colleagues.



Neha Reddy LCAT, BC-DMT, SEP

Neha Reddy is a licensed creative art therapist, somatic experiencing practitioner, trained trauma-focused cognitive behavior therapist, and life coach. She has been helping people through their healing journeys for over 10 years. Neha has worked in inpatient and outpatient psychiatric units with individuals suffering from mental illnesses and addictions; in NGOs with victims of complex trauma, marginalized communities, and individuals who have engaged in offending behaviors. In private practice, she works with high-functioning clients who benefit from identifying and reaching their goals. Neha conducts trainings on creative arts therapy to heal trauma, wellness and self-care workshops for lawyers, and has guest lectured at universities.



Ed Regensburg ATR-BC,Cht,LCAT

Ed Regensburg is an author, and licensed, board certified Clinical Art Psychotherapist with over 40 years of experience. In addition, he is a Certified Hypnotherapist trained in and psycho-spiritual phenomena. His model of care, Quantum Imagery is the summation of his life's mission, to reach people "when words alone are not enough", embracing knowledge from the worlds of psychology, science and metaphysics.. He maintains a private practice and is available for workshops, consultation, and treatment. Please visit [www.creativesanctuary.com](http://www.creativesanctuary.com) for additional information



Lindsay Reynolds, LCAT, ATR-BC

Lindsay Reynolds, LCAT, ATR-BC, has worked in multiple inpatient psychiatric hospitals and substance abuse facilities on Long Island. She currently works in private practice and is building a specialized focus on adults navigating mental health struggles while in postoperative care. Committed to championing the power of the arts, Lindsay facilitates various projects to promote creativity and mental wellness through START CREATES, a sister organization of START Creative Arts Therapy. Her blend of clinical expertise, passion for learning, and creative engagement empowers individuals to harness their innate strengths and resources to overcome challenges, cultivate resilience, and live more fulfilling lives.



Sonja Rohde, ATR, LCAT

Sonja Rohde, ATR, LCAT, is an Art Therapist living and working in New York City. For the last 11 years she has been working with older adults and people with dementia in a variety of settings (day-program, shelter, hospital, nursing home/ rehab center, senior centers, and supportive housing) while also supervising student interns.



Leesa Tabrizi, ATR-BC

Leesa is a native New Yorker with a background in Fine Arts, Psychology, and Art History. She obtained her MA in Art Therapy at NYU and is now a board certified, registered art therapist working with LGBTQIA+ youth in NYC . Her artwork reflects her cross cultural identity as an American with German-Jewish, Islamic-Persian heritage. Her objective as an art therapist is to facilitate art making that sparks the realization of power in our own intersectional identities with groups and individuals. Her body of work is largely process oriented, and she intends to create final products that are vivid and ornate.



Juanita Viera, LCAT

Juanita, Licensed Creative Arts Therapist, has been serving New Yorkers with mental health issues for the past decade. Born and raised in the Bronx, NY by her Puerto Rican mother, Juanita is no stranger to the ambition & resilience needed to navigate the impacts of urban city living while overcoming generational patterns of poverty, addiction and abuse while challenging systemic racism. Juanita is the proud owner of "The Art of Integration" a group therapy practice for holistic trauma recovery using creative arts therapies and breakthrough ketamine assisted therapy treatments.



Eunice Yu, MS, LCAT, ATR-BC

Eunice Yu founded Still Waters Art Studio, a creative wellness service integrating faith, creativity and therapeutic art. Her workshops guide clients towards rest and rejuvenation. She has led sessions for pastors, ministry leaders, teachers and students. One of her dreams is normalizing expressive artmaking as an avenue to healing and spiritual growth in the church setting. Eunice's clinical emphasis is crafting art therapy interventions to highlight clients' strengths. This is her fifth year facilitating art therapy groups for adults coping with mental illness in a psychiatric inpatient facility. Eunice is based in Rockland County NY and Bergen County NJ.