

## Checklist for Juried Art Show

Please use this to prepare your information before filling out the submission form!

- Full Name - as you would like it to appear in the show
- Credentials - as you would like them to appear in show
- Phone number (just for Emery in case needed, not public)
- Profile Photo (please use something with space around your head/face in case we need to crop or adjust the size. Thank you!)

Create the following for each submission (word, pages, or text format, NOT PDF)

- Title of the Piece
- Dimensions
- Medium/Materials Used
- Year Created
- Artist Statement (maximum 200 words per piece)
  - share the meaning, process, or personal significance of your piece. Keep the theme in mind, but feel free to use the artist's statement in a way that fits best for you and what you would like to say.

Decide what you want to share...

- Do you have any websites or social media you would like to include with your art/artist statements? Create a list of full web addresses to copy and paste into the form.  
(Example: <https://www.instagram.com/fireflyandphoenixmentoring/>,  
<https://www.fireflyandphoenix.com>, etc.)

Fill Out Submission Form...

- <https://forms.gle/6fR92LMSsn1mxnJg7>

After you fill out the submission form...

- Email Emery Photos/Images: [emery.mikel@creativelyhealing.com](mailto:emery.mikel@creativelyhealing.com)  
High-Resolution JPEG or PNG (ex. 300+ dpi)  
File Name Format: LastName\_Title\_YearCreated
- Pay Entry Fee: \$10 per submission  
Venmo: Emery-Mikel  
Zelle: 703-402-4515

Questions?

Contact Emery – [emery.mikel@creativelyhealing.com](mailto:emery.mikel@creativelyhealing.com)