

# WATER & STONE

A Creative Arts Therapy PLLC  
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Welcome to This Year's Conference!!  
June 2 – 4, 2023 (Fri-Sun)

## **Important Dates**

3/12 Last Day to Submit Proposals  
4/1 Schedule and Presenters Posted  
4/1-4/30 Early Bird Registration Opens  
5/1-5/28 Regular Registration  
5/28 Last Day to Register  
6/2-6/4 Conference!

## **Location**

In-Person – Manhattan (probably near Chelsea or Washington Square Park areas)  
Live Online via Zoom - (No prior experience presenting online needed!)

## **Conference Overview**

This Year's Theme...  
**Healing in Community: Bringing People Together Creatively**

As we come back together in-person and online, this year we will focus on community and healing. So much has happened over the past years and it feels like we are turning a corner in some ways, while still noticing how the world is changing. As you develop your proposal, please consider how you create community, interact with the community, or even use community as a way to support yourself. There is so much to explore as we reconnect in our own community and how we, as creative therapists, have an ability to really bring people together as they (and we!) continue to heal and grow.

## **Types of Sessions**

In each workshop (2 or 3 hours in length), there should be a combination of lecture and experiential learning, erring on the side of more experiential throughout the workshop. You are welcome to use whatever approaches you are most comfortable with, just keep in mind if and how it needs to translate to an online platform for those presenting online. We welcome workshops with a variety of styles and approaches to engage those learning and participating. Each workshop will be either in-person or live online (Not self-paced). You may submit multiple proposals and each proposal must be submitted separately and fully.

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## Format Options

### 2-Hour (Workshop)

2 NY LCAT CE contact hours for participants. (6 NY LCAT CE contact hours for presenters)

Usually a pretty specific topic with some hands-on experience for participants. Great for sharing case studies, research, interventions, and more!

### 3-Hour (Workshop)

3 NY LCAT CE contact hours for participants. (9 NY LCAT CE contact hours for presenters)

An experiential workshop where participants get to dive in with art, movement, music, etc. More than half the time should be “hands on”. A deeper dive into a topic, approach, or intervention.

## Online

No previous experience is necessary. Online presentations will meet on the Water & Stone, Zoom account. Zoom is a great platform (as most of us now know!) and worked very well for the past three conferences. You can share your screen if you have a PowerPoint or similar presentation. There will be many options, and a practice time set aside for all presenters to log on and learn all about zoom 1-2 weeks before the conference, if needed. You will have the ability to use break out rooms, if you like, and I suggest going with whatever options in zoom you are comfortable with. If you just want to show up online and not use any other options, that is okay!

## In-Person

We are aiming to be back in person for some of the workshops this year! The goal is to have 1-2 rooms somewhere in Manhattan (Chelsea, Union Square ideally) where we can have a room or two in the same space. Emery will be finding the actual space closer to time in places that are COVID aware and CAT friendly. If you have a bigger studio (fits 8-12 people) you would like to offer (some compensation is possible!) please let Emery know.

### COVID Agreement from Proposal Form

“I, and all of my co presenters, are aware of the following and will comply with all Covid guidelines/protocols/etc. listed below or deemed necessary by Water & Stone as we approach the conference dates. We understand that Water & Stone is offering online and in-person workshops. W&S will be following federal and state recommendations and guidelines as we get closer to the date to make sure everyone's health and well-being is a priority. PRESENTING IN-PERSON: Anyone presenting in-person will need to follow the same safety guidelines as we will have for participants. Currently, there are no vaccination requirements, so please use your best judgement to take care of yourself. Masks are not required, but anyone choosing to wear one will be fully supported. There will also be guidelines for cleaning/sanitizing, etc. worked out closer to time. These protocols and guidelines may be adjusted closer to the conference dates. If you don't feel you can comply with these protocols, no problem, just please only send in proposals for online workshops.

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## **Optional Materials Fee**

You are welcome to charge a materials fee (up to \$25) if you are going to mail materials to all participants of your workshop or create kits of specialized materials for in-person workshops. For online - be mindful that this fee must include all costs (shipping, packaging, etc.) and should assume people attending do not have any supplies (ex. if they need a pencil, send them a pencil). Please note that the added cost may dissuade people from signing up for your workshop, so use this option sparingly. This cost has to be included below and cannot be added later, so that advertising your workshops is 100% accurate in terms of cost.

## **Presenter Continuing Education**

Each workshop will give presenters 3x CE hours per 1 clock hour and participants 1 CE hour per 1 clock hour.

### **PRESENTER CE HOURS AND FREE WORKSHOP**

Presenters get 3x the hours they present in LCAT CE Contact Hours!  
(2-hour workshop = 6 LCAT CE Contact Hours)  
This rule is true for most credentialing bodies. Just check how many hours for presenters.

Up to 3 presenters per workshop will have the option to sign up for one other workshop at the conference for free.

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### **LCAT & ATR/ATR-BC**

*Everything at the conference is guaranteed for LCAT CE Contact Hours and ATR/ATR-BC CE Hours*

### **OTHER CREDENTIALS**

The hours will also qualify for most national creative arts therapy credentials and credentialing bodies that allow state approved continuing education hours.

It is still your responsibility to check with your national board to verify exactly what counts for your credentials based on the content of each workshop.

Please note:

- Music Therapists count hours for national credentials differently, so may end up being able to count these hours as more than what is on your certificate. You can do this even though you don't get a separate certificate.

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## **Preparing to Submit a Proposal**

Please use the checklist on the website prior to filling out the Google Form so you are prepared and make sure any co-presenters, if you have them, read through everything as well. When you are filling out the form you are doing it for everyone presenting in your workshop and agree that you speak for them and that they are aware of everything plus agree to it.

Thank you for your interest in presenting and be in touch if you have any questions!

Warmly,  
Emery

[emery.mikel@creativelyhealing.com](mailto:emery.mikel@creativelyhealing.com)

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## **NY State and National Standards**

Water & Stone adheres to NY State LCAT continuing education standards and ethical guidelines. Proposals must meet the standards outlined by NY State as well as adhere to all ethical guidelines put forth by both state and national governing bodies as applicable to each presenter (AATA, ATCB, AMTA, ADTA, etc.) Please see the attached excerpt from Section 8412(3)(b) of the Education Law to help determine appropriate topics for presentations and who is qualified to be a presenter. Any proposals that don't meet the standards for topics or presenters will not be considered.

### **Excerpts from Section 8412(3)(b) of the Education Law**

to see in entirety please go to <http://www.op.nysed.gov/prof/mhp/catceproviderinfo.htm>

#### **Standard 2 - Courses/Educational Activities**

##### **Courses/educational activities must be offered in appropriate subject areas.**

Section 8412(3)(b) of the Education Law limits acceptable educational programs for continuing education to "courses of learning" which contribute to the professional practice of creative arts therapy. Under Section 79-11.8(c)(2) of the Commissioner's Regulations, providers must offer formal continuing education in professional and clinical skills in accordance with the practice of creative arts therapy as defined in section 8404 of the Education Law. Such subjects may include, but are not be limited to, clinical interventions and evidence-based practice; cross-disciplinary offerings from medicine, law, administration, education, behavioral and social sciences related to creative arts therapy practice; or patient communications, recordkeeping, and matters relating to law and/or ethics, which contribute to professional practice in creative arts therapy and the health, safety, and/or welfare of the public.

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Any continuing education designed for the sole purpose of personal development, marketing, business practices, and maximizing profits for the practice of a licensed creative arts therapist will not be considered by SED as acceptable continuing education. Supervision of a licensed creative arts therapist, limited permit holder, student or intern in a placement that is part of a license-qualifying program, will not be considered by the Department as constituting acceptable continuing education.

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#### **Standard 3 - Instructors**

##### **Instructors must be qualified to teach the courses/educational activities which will be offered for continuing education purposes.**

Documentation, such as a curriculum vitae (C.V.) or resume, will demonstrate the instructor's qualifications to teach the course as a content expert and will include, at a minimum, his or her name; current employment title; degrees earned with name and location of educational institution, major and date received; professional licensure status; teaching experience; and previous professional positions.

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Under New York State professional licensing laws, only those having a professional clinical license can practice creative arts therapy and psychotherapy, such as assessment and evaluation of clients and the provision of clinical therapy and interventions. Thus, an instructor teaching a continuing education course/activity that includes clinical content must have a professional clinical license, in addition to meeting the above-referenced education, content expertise, work and teaching experience requirements for continuing education instructors.

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Thank you for your interest in presenting and be in touch if you have any questions!

Warmly,  
Emery